

Leaving from:



Forest Gate

St Anthony's Church,
Junction of Lancaster
Road/Upton Lane
E7 9QB **7.30am**

Contact Paul Cunningham
0208 534 3316

£20



East Ham

(St Michael's Church)

Market Street Bus stop
High Street South
21 Tilbury Road
E6 2RH **7.30am**

Contact Mr Varghese
0208 470 4863

£20



Upton Park

Our Lady of Compassion,
555 Green Street,
E13 9BF **7.30am**

Contact Sr Patricia or
Sr Immaculata
0208 470 5816

£20